

Inspiration
from Winners
to Build a Life You'll Love

*Make Your Dreams
Come True*



WORKSHEET

When you open your mind to the wisdom of some of the most successful people who've ever lived, the possibilities for success in your life vastly increase.

Complete this workbook to start your journey to make your dreams come true.

1. **Discover your passion.** David Frost stresses the importance of finding your passions in life in order to be successful.

What do you love to do? What are your interests? Do you have any natural-born talents or skills that you're passionate about? List things that make your heart sing and tap into your passions.

2. **Have faith.** Steve Jobs said we don't always know what will become of our work. He believed we must trust and have faith that something will come of it. Whether it's fate you believe in, destiny or your own judgment, to be successful you've got to have faith that something positive will come of it.

Do you have faith that what you do will eventually have an impact on someone or something? Why or why not?

3. **Take responsibility.** Oprah Winfrey spoke of how she took responsibility for herself at a young age. She felt compelled to “make good.”

What about you? Do you avoid blaming others, looking for excuses and just believing “Stuff happens” without having any control in it? Do you take complete responsibility for what happens in your life and career? If so, how? If not, what do you do instead? What can you do now to change?

4. **Think positive.** Thomas Jefferson stressed that if a person has the “right mental attitude,” nothing can prevent him from reaching his goals.

How is your mental attitude? Do you think positive? How do you know? If you don't have the right mental attitude, what changes should you make?

5. **Take action.** According to Pablo Picasso, one must take action in order to eventually have success. Taking action involves putting in time and effort to get something done.

Do you take action to achieve your goals? If yes, describe what you do. If no, discuss what is stopping you from taking action and find a way to get past your challenge.

6. **Embrace your failures.** When you feel discouraged or when you fail at something, Dale Carnegie believed you were actually one step closer to success. Some people are embarrassed by their failures and try to forget about them. Others are galvanized into action to work harder and achieve their goals.

How do you respond to your failures?

Think of one of the biggest mistakes or failures you've ever experienced. Write about it here. What did you learn from it? How did you alter your behavior afterward?

7. **Recognize opportunity.** Do you believe there are opportunities around you every single day? Ayn Rand focuses on how taking advantage of opportunities will eventually take you to the top of the success ladder.

List 3 opportunities you could take advantage of right now to better develop your career goals.

8. **Find mentors whom you can emulate.** Warren Buffet believes that if you fraternize with people who are smarter or more business-minded than yourself, you'll gradually improve your own efforts to be successful.

What kind of people do you hang out with? Do they inspire you? Do you aspire to be just like them?

If you could benefit from having a different, more inspiring group of people around you, list some people whom you believe would be good mentors and role models for you.

9. **Confront and resolve obstacles.** If you're like Michael Jordan, you understand the importance of expecting obstacles to your success. And you realize that you can't let anything prevent you from continuing along your path to achievement.

How do you resolve obstacles that get in your way?

10. **Realize it's a journey.** Achieving success isn't an overnight thing and it's different for every person, according to Zig Ziglar. He believed a person has to reach inside and find his own standard of achieving and then go for it. One must take action and try hard to succeed.

Do you look within to find your effort and will? Where are you in your journey? Where would you like to be by this time next year? Write it all down.

Achieving success is within your reach!